

OH+S

DHB Occupational Health + Safety Conference

Speaker Biography



Dr Jim McLeod

Dr Jim McLeod loves people. In his roles as a company director, a general practitioner, an occupational physician he has seen people in many different parts of life. The experience of dealing with people in the last stages of their life as Hospice medical director, through to solving workplace toxicity problems have shown him that frequently the psychological strength and capabilities of people have been the deciding factor, even in the face of considerable physical adversity, that have seen the human spirit triumph. As a director of Evoke and Excite Ltd, Jim can contribute towards developing this psychological strength with the clients of this company.

The benefits that spring from such strengths are numerous at a personal, social and business level.

Be assured, however, that Jim is no flake. The scientific rigour of medicine is applied to these same areas of improving psychological wellbeing.

The combination of being able to intertwine such psychological strength with the nuts and bolts of classical medicine means that a more powerful combination than either alone is gained.

Jim has been presenting on a variety of topics around health and wellbeing in the workplace, work/life balance, resilience and preventative health measures for many years.

He has run a variety of businesses, including his own general practice, an owner/operator consultancy and is now also director of one of the largest health and safety companies in the country.