

# OH+S

## DHB Occupational Health + Safety Conference



### Speaker Biography

**MARY MUIR,  
UK CLINICAL SPECIALIST – BARIATRICS**

Bsc Hon's, Dip N Lon, Patient Handling Certificate, University of Northumbria, FAETC, SRN

Following 27 years working in the National Health Service in a variety of healthcare settings as a registered nurse, manager and latterly as a back care advisor, Mary transferred into the commercial world in 2004

As a Back Care Advisor she developed, established and facilitated the implementation of a Trust wide minimal handling strategy, bariatric policy and a competency based educational programme to promote a proactive approach to the management of risk within manual handling. Within this role she also published Adult and Paediatric Patient Care Information Leaflets and Intensive Care Unit Spinal Care Protocols in the Use of Slide Sheets in the Risk Assessments at Work: Practical examples in the NHS (1997).

As an executive representative of the National Back Exchange Association, she is a member of the Royal College of Nursing Back Pain Advisory Panel, and the Department of Health Back in Work Project, as well as the Conference Coordinator for the association. She also project managed a joint venture between National Back Exchange and British Airways on 'How to move an unconscious person in order to resuscitate'. Her current position as the UK Clinical Specialist - Bariatrics for Huntleigh Healthcare allows her to work in partnership with experts in the field to provide environmental, ergonomic and educational solutions tailored to meet the individual needs of a bariatric client. Mary has presented at international, national and regional conferences on topics associated with back care and the management of bariatric clients in a health, social and community setting.