

**PACIFIC
HEALTH
SYMPOSIUM**



LOTUMOUI
mindbodyspirit
1st & 2nd December, 2004

Your Official Guide to The Pasefika **LotuMoui** Symposium



To strengthen partnerships between the **Counties Manukau District Health Board and Pacific Churches** to work together to improve the health status and wellbeing of Pacific Peoples.



TaPasefika



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Acknowledgement

The Counties Manukau District Health Board would like to thank members of its Steering Group for supporting the development of the LotuMoui concept and the planning of the programme for the Symposium.

Working Towards a Shared Vision

**Talofa Lava, Kia Orana, Malo e Lelei, Ni Sa Bula, Fakalofalahi Atu,
Malo Ni, Warm Pacific Greetings**



The Counties Manukau District Health Board would like to thank you for your support and participation at the LotuMoui Pacific Health Symposium. This is the first event of its kind for the District Health Board and is part of our ongoing commitment to improving the health of Pacific peoples through building strong community partnerships.

This Symposium provides a forum where those who are responsible for the physical health of the Pacific population can discuss ways to work collaboratively with those who contribute to the spiritual health of Pacific peoples in the Counties Manukau district.

As Chief Executive of the Counties Manukau District Health Board, I thank you for your participation at LotuMoui and look forward to hearing your thoughts and ideas about how we can work together to improve the health status of Pacific peoples.

I wish you well in your work at the Symposium and thank you for your contributions to Pacific health.

Mr Stephen McKernan
Chief Executive

A Snapshot of Health

Every day for the people of Counties Manukau:

5 people die
1 of the 5 deaths is tobacco-related
3 people die under the age of 75, 2 of them from potentially preventable conditions
20 babies are born, 3 are Caesarean section, 1 is low birth weight (<2,500g), 1 has a teenage mother, and 4 of the babies will be admitted to hospital in their first year of life
100 women have cervical smears performed
170 people are admitted to a public hospital
135 of them are aged under 75, 40 of them children (0-14 years)
45 of the 135 have potentially preventable conditions (excluding injury)
2 are admitted for mental health conditions
20 are admitted to private hospitals for surgical procedures
140 people have meals on wheels delivered
4500 people consult their general practitioner
400 consult their dentist

Every week for the people of Counties Manukau:

One child (aged 0 – 14) dies
Two children are admitted with meningococcal infection

Every day in Counties Manukau DHB facilities:

160 people are admitted to an inpatient bed
85 are admitted as day patients
680 are seen in outpatients
200 are seen in Emergency Care
18 births occur
270 people are visited by Home Health community workers

A Word from the General Manager Pacific Health

Welcome to our first Pacific Health Symposium with Pacific church and religious leaders! Pacific communities should be proud of what has been achieved in Pacific health and this gathering is an opportunity to celebrate those achievements. However, even with the best health system, our communities' health will not be improved if Pacific people, their families and communities are not able to make important changes in our lifestyles, cultural practices and rituals within our families.

Improving the health of Pacific people will take a generation and collaboration across many groups - we must begin now!

Pacific health exists because it has taken years of advocacy from Pacific communities to resource the establishment of Pacific providers, to establish Pacific people in leadership positions who know the heart of their community. But Pacific communities must also prioritise the health of their families in our daily activities.

These two days form a "Call to Action" for all Pacific leaders and communities to - together and in partnership - inform, educate, service, activate and support our communities to take on those changes that will improve our collective health.

I look forward to discussing and talking together, but more importantly, to agree on actions and, together in partnership, change the face of our future.



Margie Fepulea'i
General Manager – Pacific Health



Symposium Themes

The branding of the Symposium has been "LotuMoui, Mind, Body, Spirit". 'Lotu' means Church or Prayer in most Pacific languages, while 'Moui' is a Tongan and Niuean phrase which means good health that encompasses mind, body and soul.

The words 'mind, body, spirit' relate to a holistic and all inclusive approach to health, which does not separate the emotional, physical, mental or spiritual aspects of wellness.



The key themes for the Symposium are:

- Shifting paradigms and changing mindsets towards healthy living
- Healing and wholeness for Pacific peoples
- Working collectively towards a shared vision of health and prosperity

LotuMoui Scripture

"I pray that you may prosper in all things and be in health, just as your soul prospers", 3 John 1:2

Dignitaries

- Hon Annette King, Minister of Health
- Hon Taito Phillip Field, Associate Minister of Pacific Island Affairs
- Mr Pat Snedden, Incoming Chairman of the CMDHB

Keynote Speakers

Reverend Dr Uili Feleterika Nokise
Principal, Pacific Theological College, Fiji



Samoan born, Reverend Dr Uili Feleterika Nokise migrated to New Zealand in 1960. The Reverend Dr was ordained as a Minister of the Presbyterin Church of Aotearoa NZ in 1977. Feleterika was educated at Rongotai College (Wellington), Victoria University (BA), Otago University (BD, MTth) and gained a PHD qualification from the Australian National University. The Reverend Dr has worked as a University lecturer and Chaplain, a parish minister and a family therapist. Reverend Dr Nokise is currently the Principal of the Pacific Theological College in Suva. The Reverend Dr is married to Deaconess Reverend Rosalyn Coventry (Anglican) and they have four children.

Dr 'Ana Taufe'ulungaki
University of the South Pacific



Dr Taufe'ulungaki is of Tongan ethnicity and is 'Mother and father' of five children: 3 sons and 2 daughters. Educated in Tonga, New Zealand and the UK, Ana worked in the Ministry of Education, Tonga for 30 years, as teacher, school principal, curriculum developer, educational administrator and planner, and occasionally, tea-lady. Dr Taufe'ulungaki currently holds the position of Director, Institute of Education at the University of the South Pacific, Fiji.

Dr Debbie Ryan
Chief Advisor – Pacific Health, Ministry of Health



Dr Ryan has been a Chief Advisor in the Ministry of Health for Pacific health issues since 2003. Now based in Wellington, Dr Ryan previously held the Chief Executive role for South Seas Healthcare and was also instrumental in establishing the first Primary Health Organisation (PHO) which is based in South Auckland. Dr Ryan is of Samoan ethnicity.


Dr Maika Kinahoi-Veikune
Counties Manukau District Health Board (CMDHB)



Dr Maika Kinahoi-Veikune is of Tongan ethnic origin and currently works for the CMDHB Pacific Health Team as a Clinical Advisor and Community Liaison Manager. Maika sits on the Tongan Health Society Board as Vice Chairman and is a health representative to the Auckland CRG of the Ministry of Pacific Island Affairs. Maika is also a member of the ProCare Pacific Advisory Committee and the Public Health Advisory Committee. He is a member of the University of Auckland Human Participants Ethics Committee, and is a representative on the CMDHB Clinical Board.


Programme

Day One
Wednesday, 1st December

Time	Details
From 7.30am	<p>Registrations (Main foyer)</p> <p>Once you have registered, please make your way to the Cole Theatre (level one) where there will be tea and coffee available in the foyer.</p>
8.30am - 9.00am	<p>"A Call to Delegates"</p> <p>Conch Shell Karanga</p> <p>Morning Lotu (Cole theatre)</p> <p>Hymn Prayer, Reverend Uea Tuleia Daily Devotion, Reverend Setiata Veikune</p>
9.00am – 9.30am	<p>Official Welcome and Opening</p> <p>Master of Ceremonies Leatigagaeono Simativa Perese</p> <p>Official Opening of the Symposium Hon Taito Phillip Field, MP Associate Minister of Pacific Island Affairs, Minister of State, Associate Minister for Social Development & Employment, Associate Minister of Justice, MP for Mangere.</p> <p>Welcoming Address Mr Stephen McKernan, Chief Executive of Counties Manukau District Health Board</p>
9.30am - 10.00am	<p>Keynote Address "WALK THE TALK: The courage to be a healing community" Rev Dr Uili Feleterika Nokise, Principal Pacific Theological College, Fiji</p>
10.00am – 10.30am	<p>Morning Tea (Served in Promenade room)</p> <p>SPONSORED BY 4PM </p>
10.30am– 11.00am	<p>Keynote Speech "Our Health, a Journey from Egypt to the Promised Land, Or is it?" Dr Maika Kinahoi-Veikune Counties Manukau District Health Board</p> <p>(Cole theatre)</p>

11.00am – 12.30pm	Breakout Session One – Population Health Delegates will make their way to the workshop that they have registered to attend. Please refer to the back of your name tag for room details. <ol style="list-style-type: none"> 1. Child health 2. Youth health 3. Older Pacific peoples 4. Men's health 5. Women's health 6. Social determinants of health 1
12.30pm – 1.30pm	Lunch (Served in Promenade room)
1.30pm – 2.00pm	Reflections from breakout session one (Cole theatre)
2.00pm – 3.15pm	Breakout Session Two – Healthy Living Delegates will make their way to the workshop that they have registered to attend. Please refer to the back of your name tag for room details. <ol style="list-style-type: none"> 1. Mental health 2. Healthy lifestyle programmes 3. Healthy living from a Biblical perspective 4. Healthy Pacific families 5. Social determinants of health 2 6. Diabetes plan Afternoon Tea will be available at the completion of this session and can be found in the foyer area on level two outside the Carbine Room. At the completion of this workshop, please make your way back to the Cole Theatre.
3.30pm – 4.00pm	Reflections from breakout session two (Cole theatre)
4.00pm – 5.00pm	Open Forum (Cole theatre) This will provide a chance for workshop and keynote address reflections from Symposium delegates at the end of Day One. Acknowledgement of sponsors
5.00pm – 6.00pm	Pacific Style Market Place (Promenade room) <ul style="list-style-type: none"> • Market Place Stalls • Entertainment • Refreshments
6.15pm onwards	Conference Dinner (Banquet Room One – level two) For those who indicated on their registration form that they would attend the dinner, you must have collected a dinner ticket from the registration desk. Please note: there will be no admission to the dinner without a dinner ticket. Master of Ceremonies for Symposium Dinner Fa'amatuainu Tino Pereira Introduction of Keynote Speaker Mr Pat Snedden , Incoming Chairman of the DHB Dinner Keynote Address Hon Annette King , Minister of Health Live Entertainment Pacific Xpressions Dance Group "Bringing Down the House" Band

Day Two Thursday, 2nd December

Time	Details
9.30am – 10.00am	Morning Lotu (Cole theatre) Hymn Prayer, Reverend Vaiora Robati Daily Devotion, Reverend Peniamina Vai
10.00am – 10.45am	Cultural Performance by Fuifui Lupe 'o Lea-'Ae-Tohi Keynote Speech 'Fonua': Dr 'Ana Taufe'ulungaki A Re-Interpretation of the Role of the Church in Pasifika communities" University of the South Pacific, Fiji
10.45am – 12.00pm	Breakout Session Three - Ethnic-Specific Caucus <ul style="list-style-type: none"> • Samoan • Cook Islands • Tongan • Niuean • Tokelauan • Fijian • Other Delegates will make their way to the workshop that they have registered to attend. Please refer to the back of your name tag for room details. Morning Tea will be served during this session and can be found in the foyer area outside of your workshop room. Morning Tea sponsored by 4PM 
12.00pm – 1.00pm	Lunch (Served in Promenade room)
1.00pm – 1.30pm	Keynote Speech "Pasifika LotuMoui Grant" Dr Debbie Ryan , Chief Advisor Pacific Health, Ministry of Health (Cole theatre) Introduction of Denomination Forums Rachel Enosa-Saseve Programmes Manager – Pacific Counties Manukau District Health Board
1.30 – 2.30pm	Breakout Session Four – Denomination Forums <ul style="list-style-type: none"> • Anglican • Assembly of God • Baptist • Catholic • Christian Congregational • Latter Day Saints • Methodist • Presbyterian • Seventh Day Adventist • Other

1.30 – 2.30pm	Breakout Session Four – Denomination Forums Delegates will make their way to the workshop that they have registered to attend. Please refer to the back of your name tag for room details.
2.30 – 3.30pm	Future Directions (Cole theatre) Mr Stephen McKernan, Chief Executive, Counties Manukau District Health Board Mrs Margie Fepulea'i, General Manager Pacific Health, Counties Manukau District Health Board Filling out of evaluation forms Formal Closure of LotuMoui Prayer, Reverend Aotofaga Lemuelu

Master of Ceremonies:

Leatigagaono Simativa Perese

Leatigagaono Simativa Perese is Chair of the National Pacific Radio Trust and is well known throughout Pacific communities. Simativa is a barrister specialising in civil and commercial litigation and youth justice advocacy. He is a member of the Auckland Crown Solicitors prosecution panel, the Auckland Regional Council's prosecution panel as well as president of the Pacific Lawyers Association. Simativa is also District Inspector – Mental Health and a member of the Human Rights Review Tribunal, and he is a member of the Minister of Pacific Island Affairs Advisory Council. He was a Harkness Fellow in 1995, which is awarded to people who show potential for leadership in their fields and communities. He has an LLM from Columbia University and has been awarded a Certificate of Recognition of Achievement with Honours in International and Foreign Law.



Workshops

Please note that all workshops during a breakout session will run concurrently. Because of the limited room space, we would ask that all delegates attend the workshops that they have indicated on their registration forms.

Breakout Session One – Population Health

Wednesday 1st December, 11.00am – 12.30pm

Workshop One - Child health

Room: Clifton Room
Facilitator: Mrs Christina Tapu
Presenter: Dr Teuila Percival

A workshop that takes a look at what some of the key health issues are for Pacific children growing up in South Auckland from a clinician's perspective.

About the Presenter...

Dr Teuila Percival is of Samoan heritage and currently works as a general paediatrician at KidzFirst Children's Hospital, South Auckland. Dr Percival has extensive knowledge in the area of child health with particular interests in Pacific people's health, child abuse, paediatric gynaecology and community paediatrics. Teuila attended Auckland University Medical School and completed her paediatric training in Auckland. Teuila has also worked in Samoa for two years as an advanced paediatric trainee, as a Consultant at Starship Children's Hospital, and as a Consultant at KidzFirst, Middlemore Hospital. Dr Percival is also Chair of South Seas Healthcare and President of the Pasifika Medical Association.

Workshop Two - Youth health

Room: Exhibition Hall
Facilitator: Abba Fidow
Panel: Yvonne Kainuku Walsh, Renee Haitoua, Dietrich Soakai, Edward Cowley,

Pacific youth face new challenges with the influences of alcohol and drugs, unhealthy eating choices, peer pressure, and suicide to name but a few. This workshop investigates these issues and what role the Church can play to support Pacific young people.

About the Presenters...

Yvonne Kainuku-Walsh is New Zealand born of Rarotongan and Irish ancestry. She has worked with young people in the South Auckland community for over 12 years. Previously working in the area of sexual health, Yvonne currently works at The Centre for Youth Health as the Primary Integration Nurse and has a particular interest in providing comprehensive healthcare services and youth development programs in the community for young people. With the love and support of her husband Michael and their 4 children, Yvonne is currently completing post graduate studies in Adolescent Health.



Renee Haitoua is a young Niuean/Palagi woman who is passionate about seeing young people reach their full potential. For the past seven years Renee has developed and implemented education workshops for Youth Health Development predominately in South Auckland but also across the region, nationally and internationally. She currently works as the Education Manager at AW (Affirming Women) and is also the lead singer in the Polynesian pop group 'Fou Nature'. Renee is currently studying towards a Diploma of Counseling at the Bible College of NZ.

Dietrich Soakai was born in Samoa and is of Samoan, Tongan, German, Irish and Scottish ethnicity. For the past two years Dietrich has been a member of the Youth Advisory Council for the Centre for Youth Health. Dietrich is committed to seeing youth realise their influence within society. He is also heavily involved in the church youth and loves seeing young people discover and expand their gifting and talents. He is a fulltime student currently studying at the University of Auckland.

Edward Cowley, currently works for the New Zealand AIDS Foundation as a Community Liaison Health

Promoter. He has worked with Pacific Youth and Communities for the past six years and is passionate about working with both Pacific and NZ communities. Edward has recently changed roles within the foundation which sees him working with more diverse communities and local health organisations to collaborate, share ideas and information and to spread the key health messages.

Workshop Session Three - Older Pacific peoples

Room: Conference Room 2
Facilitator: Manase Lua

Presenter: Malia TF Hamani

New Zealand has a growing older Pacific population. This workshop looks at how congregations can support older Pacific peoples to age positively and live healthy lives.

About the Presenter...

Malia is a Tongan born community development worker who has made New Zealand her home for the last 25 years. A mother of five young men, Malia has committed the last nine years to working with older Pacific peoples. Currently Malia manages TOA (Treasured Older Adults) Pacific Incorporated Society Services that includes proactive and innovative initiatives that promotes the rights, safety and enhanced wellbeing for older people. Malia is also a Voluntary Community Coordinator for the Office of Senior Citizens, a member of Lu'i Ola Group (DSS resource Group), an elected Tongan Community Reference Group for the Ministry of Pacific Island Affairs, an Auckland representative on the PICAG committee of Department of Internal Affairs and a Pacific representative on a Mental Health Committee.



Workshop Session Four – Women's health

Room: Carbine Room
Facilitator: Bernadette Pereira
Presenters: Seiuli Dr Juliet Walker, Reverend Setaita Veikune, Margie Fepulea'i

Cardiovascular risk factors, domestic violence, depression, sexual and reproductive health are all key issues impacting on the wellness of Pacific women. A panel of 'experts' will discuss these issues and how women's Church committees can support the health of women in their congregations.

About the Presenters...

Seiuli Dr Juliet Walker is of Samoan descent. Juliet is the current Chair of Pacific Health Advisory Committee for CMDHB and is also a member of the Hospital and Clinical Standards, and the Quality Advisory Committees.



Reverend Setaita Veikune is currently the Superintendent of the Mangere / Otahuhu Parish of the Methodist Church of New Zealand – Te Hahi Weteriana O Aotearoa, comprising 5 multi-cultural congregations. Reverend Veikune previously worked as a radio broadcaster in Tonga. She holds a Bachelor of Theology from the University of Auckland and has also completed her Ministry training at the Trinity Methodist Theological College / St Johns.



Mrs Margie Fepulea'i has been the General Manager for Pacific Health at Counties-Manukau DHB since July 2003. Prior to that, Margie was the Pacific Manager at Capital and Coast DHB as planner and funder for Pacific health, child health and was involved in project managed service developments. Margie's career started at the State Services Commission, where she later moved onto working for the Health Funding Authority in the area of Personal Health. Margie has also worked for the Labour Market Policy Group in the Department of Labour. Margie is of Samoan ethnicity and is the mother of two young children.



Workshop Session Five – Men's Health

Room: Cole Theatre
Facilitator: Mr Keneti Apa
Panel: Reverend Tavake Tupou, Ali Lauitiiti, Dr Siro Fuata'i,

Physical activity, cardiovascular risk factors, high stress levels, alcohol and drug abuse are but a few health issues facing Pacific men and their families. This workshop will consist of a panel discussion on these issues and how the Church can support Pacific men and their families to live healthy lifestyles.

About the Panel...

Dr Siro Fuata'i is a GP in Counties Manukau working mainly with Pacific people. He is the Assistant Clinical Director and General Manager at Health Pacifica Doctors Trust, Mangere and Chairperson of TaPasefika Trust PHO in Counties Manukau. Dr Fuata'i is interested in all aspects of the health for Pacific families and in particular the impact of chronic diseases that affect Pacific people with a focus on diabetes, obesity and heart disease. Dr Fuata'i is also a member of several CMDHB health committees. Siro is of Samoan ethnicity.



Reverend Tavake Tupou is of Tongan heritage and came to New Zealand in 1965. The Reverend is currently a Minister of the Tongan Wesleyan Church of New Zealand, Pastor of Papatoetoe Community Church, a Member of the Pacific Health Advisory Committee (CMDHB), the DiSAC Committee, South Seas Healthcare Board, TaPasefika Trust Board, and the Managing Director of Radio Tonga. Reverend Tupou studied at the Bible College of NZ and St John's Theological College.



Ali Lauitiiti is of Samoan ethnicity and is well known for his sporting talents. Ali joined the Leeds Rhinos in May 2004 after leaving the Warriors club where he had played since 1998. Ali is currently a member of the New Zealand Kiwis Rugby League team.



Workshop Six - Social determinants of Health 1

Room: Conference Room 3
Facilitator: Ms Jacinta Fa'alili
Panel: Dr Ate Moala

This workshop aims to generate discussion on the relationship between the Church, health, poverty and other determinants of the health status of Pacific peoples. This workshop focuses on the role that the Church can play in improving the health, social and economic status of Pacific peoples.

About the Presenter...

Wellington based, Dr Ate Moala is of Tongan Heritage, married with three children. Dr Moala is Vice President of the Pasifika Medical Association, a Public Health Physician, HRC Research Fellow at the Centre for Public Health Research, Massey University. She is also a board member of the New Zealand Guidelines Group (NZGG).



Breakout Session Two – Healthy Living

Wednesday 1st December, 2.00pm – 3.15pm

Workshop Session Seven - Healthy lifestyles

Room: Conference Room 2
Facilitator: Ika Tameifuna
Presenter: Iuliita Rusk

Contributing factors to increased rates of clinical obesity and cardiovascular disease include:

- low socio-economic status
- Lifestyle choices
- Environmental influences
- Behavioural influences

This workshop combines the spiritual components of Pacific people's lives with the physical element by taking a look at physical activity, nutrition and shifting mindsets towards healthy living can improve health outcomes for Pacific peoples.



About the Presenter...

Iufita manages the National Heart Foundation's Pacific Islands Heartbeat Unit (PIHBU) of the Heart Foundation. She has thirteen years of experience in health promotion with specific focus on the prevention of cardiovascular disease and a broad experience in health management. In her role within the Heart Foundation she leads a team of 11 in the fight against heart, stroke and blood vessel diseases. Her vision is for the Pacific community to view and adopt healthy lifestyles as an investment for a better quality of life. The PIHBU undertakes public health initiatives in relation to smokefree, nutrition and physical activity and has a key role in workforce development of Pacific community health workers nationally.

Workshop Session Eight - Mental Health

Room: Carbine Room
Facilitator: Roine Lealaialoto
Presenter: Dr Siale 'Alo Foliaki



There are a number of ways that mental health issues manifest themselves in Pacific peoples lives which include:

- Alcohol and drug abuse
- Depression and anger
- Suicide

This workshop explores what some of the key mental health issues are for Pacific peoples and how the Church can support the emotional and mental wellness of its congregations.

About the Presenter...

Dr Siale 'Alo Foliaki is a Tongan medical graduate of Otago University and is the Pacific Island trainee in the Royal New Zealand and Australian College of Psychiatrists. His interest area is psychiatric epidemiology and community development models as a vehicle for better health outcomes for Pacific communities in the future.

Workshop Session Nine - Social Determinants of Health 2

Room: Conference Room 3
Facilitator: Sam Lotu-liga
Presenter: Heker Robertson



This workshop aims to generate discussion on the relationship between the Church, health, poverty and other determinants of the health status of Pacific peoples. This workshop focuses and on the role that the Church can play in improving the health, social and economic status of Pacific peoples.

About the Presenter...

Heker is the Acting Policy Manager at the Ministry of Pacific Island Affairs, Wellington. Heker has worked for the Ministry of over 10 years and holds an LLB qualification from the University of Auckland. Key policy developments that Heker has contributed to for Pacific peoples are in the areas of youth justice and youth development, family violence and more recently with the review of the Citizenship Act and negotiations between New Zealand and Samoan officials.

Workshop Session Ten - Healthy Pacific Families

Room: Exhibition Room
Facilitator: Tony Kake
Presenter: Misatauveve Dr Melani Anae



This workshop explores ideas of what is a Pacific family in the 21st Century, and how can the Church build strong families to deal with the emergence of new and prevailing disease and social changes in New Zealand society today.

About the Presenter...

Misatauveve Dr Melani Anae is the Director of the Centre for Pacific Studies, University of Auckland which opened the multi-million dollar Fale Pasifika Complex in October this year. Melani has an extensive background in anthropology and research as a lecturer in Pacific Studies and Anthropology, and also as a Research Fellow at the Department of Maori & Pacific Health, University of Auckland. She is also a former Director for Pacific Research and Development Services Ltd, a research and consultancy company. She has published extensively in the areas of ethnicity, health, education, Pacific research methodologies and Pacific approaches to a broad range of social issues. She is part of a large extended Samoan aiga in inner city Auckland, and the mother of three children.

Workshop Session Eleven - Healthy Living from a Biblical Perspective

Room: Cole Theatre
Facilitator: Reverend Tavake Tupou
Panel: Reverend Uea Tuleia, Reverend Vaiora Robati, Pastor Chris Sola

This workshop looks at the health and wholeness of Pacific peoples from a Biblical perspective. The presentation will aim to generate discussion on combining the spiritual components of Pacific people's lives with the physical and emotional elements.

About the Presenters...

Reverend Tuleia is of Niuean ethnicity and currently serves as a Minister of the Parish of Otara Pacific Islanders Presbyterian Church (PIPC). Reverend Tuleia graduated from Knox School of Theology in Dunedin in 1995 with a Diploma of Ministry and has completed a degree in Theology at the University of Auckland. The Reverend is married with two children.

Reverend Vaiora Robati is of Cook Islands ethnicity and has served as a Minister at Mangere Pacific Islanders Presbyterian Church (PIPC) for the last eight years. Reverend Robati was educated here in New Zealand and graduated from Otago University with a Theological degree.

Pastor Chris Sola is of Te Arawa (Ngati Whakauae), Ngati Kuia and Samoan descent. He speaks fluent Maori, Samoan and English. He was born and raised in South Auckland, completed his secondary education at Samoa College and he has completed a Diploma of Teaching, Diploma in Teaching English as a Second Language, BA (VUW), Graduate Diploma of Theology. He is currently completing a Masters of Theological Studies through BCNZ. He was the Associate Pastor of Hosanna World Outreach Centre in Lower Hutt before starting Hosanna World Harvest Church in South Auckland. He is married to Seira Sola and they have three children, Blessed, Faith and Serenity.

Workshop Session Twelve - Diabetes Plan

Room: Clifton Room
Facilitator: Margie Fepulea'i
Presenters: Paul Stephenson, Margie Fepulea'i



This workshop discusses CMDHB's Diabetes Plan and how CMDHB can work with the Church as an environment for promoting and practicing healthy lifestyle messages. It will also look at ways Pacific churches can protect our future generations against diabetes.

About the Presenter...

Paul Stephenson is Director of Stephenson Consulting, specialising in health system design and development. He is currently leading the development of Let's Beat Diabetes, a long term comprehensive diabetes strategy for Counties Manukau. Paul's previous roles include State General Manager and Director positions in public health, community health and primary care in Western Australia, and Manager of the Regional Public Health Services in Auckland. He also led the development of the Hepatitis B screening programme in Auckland.

Paul has a special interest in health programmes that improve health outcomes for vulnerable populations and in processes of community empowerment.

Breakout Session Three – Ethnic-specific Caucus

Thursday 2nd December, 10.45am – 12.00pm

Ethnic Group: Samoan
Room: Cole Theatre
Facilitator: Savea Al Harrington Lavea
Tofa Seuamuli Masuisui JR Pereira

Ethnic Group: Cook Islands
Room: Carbine Room

Ethnic Group: Tongan
Room: Exhibition Hall
Facilitator: Kalolo Fihaki

Ethnic Group: Niuean
Room: Banquet Room
Facilitator: Igasiatama Mokole and Angeline Hekau

Ethnic Group: Fijian
Room: Clifton Room

Ethnic Group: Other
Room: Conference Rooms 2 & 3

Breakout Session Four – Denomination forums Thursday 2nd December, 1.30pm – 2.30pm

Denomination: Anglican
Room: Cole Theatre

Denomination: Assembly of God
Room: Cole Theatre
Facilitator: Pastor Fianusila Tuiloma

Denomination: Baptist
Room: Promenade Bar
Facilitator: Pastor Chris Sola

Denomination: Catholic
Room: Conference Room 2

Denomination: Christian Congregational
Room: Banquet Hall
Facilitator: Reverend Peniamina Vai

Denomination: Latter Day Saints
Room: Conference Room 3
Facilitator: Bishop Mark Dean Westerlund

Denomination: Methodist
Room: Carbine Room
Facilitator: Reverend Setaita Veikune, Reverend Neti Tu'ionetoa

Denomination: Presbyterian
Room: Exhibition Hall
Facilitator: Reverend Aotofaga Lemuelu, Reverend Vaiora Robati, Reverend Uea Tuleia

Denomination: Seventh Day Adventist
Room: Clifton Room

Denomination: Other
Room: Cole Theatre

Market Place (Promenade Room) Wednesday 1st December, 5.00pm – 6.15pm

There will be a 'Pacific Style' Market Place set up to provide opportunities for Symposium delegates to receive information from a range of government agencies and community providers. There will be healthy lifestyle demonstrations on offer with also opportunities for delegates to have their blood pressure, blood sugar levels and weight checked by our local health Providers.

There will be pre-dinner refreshments served during the Market Place with also some entertainment from a local Cook Islands string band.

Radio 531PI will broadcast live from the Market Place.

LotuMoui Pasefika Grant Thursday 2nd December 1.00pm – 1.30pm (Cole Theatre)

As part of Counties-Manukau District Health Board's commitment to improving the health outcomes for Pacific peoples in the district, CMDHB has developed the Paseifka LotuMoui Grant for Pacific Church based health projects. This Grant aims to provide opportunities for Pacific Churches to develop and implement health promotion and disease prevention community projects that will support their Pacific congregations to live healthy and active lifestyles.

In keeping with the themes of the Symposium, this Grant aims to provide Pacific Church organisations with a 'one-off' payment to implement healthy lifestyle changes for its congregations and will support health promotion and disease prevention programmes. The District Health Board will work in partnership with successful applicants to look at ways of ensuring that healthy lifestyle programmes are sustainable for their congregations at the completion of the Grant.

To apply you must meet the following criteria:

A Pacific Church organisation
Your Church must be situated in the Counties-Manukau district
You must have an Incorporated Trust or Charitable society status
The Majority of your congregation is of Pacific descent

There are two levels of funding available at the amounts of \$3,000 and \$5,000.

Application forms will be distributed for the Grant at the end of Day Two.

Housekeeping

Name Cards

You have been issued an identification card which details your name, workshop choices and the names of the rooms where your workshop will be held. Delegates must wear their identification cards at all times as Waipuna Lodge will still be open to the public. Please make sure you attend the workshop that you have registered to attend as all workshop spaces have been filled (this information is displayed on your name tag).

Dinner

If you have registered to attend the dinner, your tickets should be collected from the registration desk. Please note that no person will be admitted into the dinner without a ticket as all dinner spaces have now been filled.

CMDHB Staff

If you require any assistance during the two-days, CMDHB staff members will be on hand to support you. They can be easily identified by their blue name tags.

Time Keeping

We would ask that you please keep to the times outlined in the programme as much as possible, thank you.

We hope you enjoy your two-day experience at LotuMoui and look forward to hearing about your visions and aspirations for improving the health and wellness of Pacific peoples in Counties-Manukau



Directions to the Waipuna Hotel

South

Take Mount Wellington Exit
Turn right at Off Ramp
Turn Right at the Countdown Supermarket Intersection
Waipuna is on the left after the 2nd set of lights

North

Take Mount Wellington Exit
Turn left at Off Ramp on to Mt Wellington Highway
Turn right at Countdown Supermarket intersection
(Cnr Waipuna Road & Mount Wellington H'way)
Waipuna Hotel is on the left after 2 sets of lights

South Eastern Off Ramp (from North)

Turn left at first set of lights (onto Carbine Rd)
Follow all the way up to T-intersection
(carbine and Waipuna Roads)
Turn Right Waipuna Hotel is on the left

South Eastern Off Ramp (from East)

Take first exit on right after main lights in Pakuranga
this is Waipuna Road, Waipuna Hotel is about 300 metres
along on the right hand side

