

## 'Grand Opening' - Women's Health Facilities

The Counties Manukau District Health Board was proud to formally open Middlemore's new Assessment Labour and Birthing Unit and Maternity Ward on Monday 8 October 2007.

The opening was well attended by more than 100 guests, which included Dr Pita Sharples, co-leader of the Maori Party, Dr Paul Hutchinson, National MP and Anne Candy, Deputy Mayor of Manukau City.

Television celebrity Alison Mau hosted the event with guest speakers Geraint Martin, CEO Counties Manukau District Health

Board (CMDHB), Professor Ian Brown, former Clinical Director of Women's Health CMDHB and Karen Guilliland, CEO of the College of Midwives.



*Midwife Betty McGregor and Lion Foundation Chairman Mike Smith cut the ribbon for the Assessment Labour and Birthing Unit (photo courtesy of the Manukau Courier).*

Among those acknowledged were:

- The South Auckland Health Foundation, raising \$1.5 million.
- The generous contributions from all the sponsors, in particular the Lion Foundation.
- The Women's Health management team and staff for their hard work and enthusiasm.
- Patrick Long, Process Improvement Manager for Women's Health for his excellent coordination.
- Hawkins Construction for finishing the areas on time and on budget and RCP for their project management.

Cutting the ribbon for the Assessment Labour and Birthing Unit was Mike Smith, Chairman of the Lion Foundation and Betty McGregor, Middlemore Hospital's oldest serving midwife (over 40 years). Betty brought along her 5 month old grandson Kale Sharpe.

## Grand opening continued ...

Cutting the ribbon for the Maternity Ward on Level 4 was Middlemore Hospital's youngest midwife Jennifer Schroder and Professor Colin Mantell, former Clinical Director of Women's Health.

The \$7 million Assessment Labour and Birthing Unit has 17 Birthing rooms and 11 Assessment rooms. Non-labouring women will be seen in the Assessment area, while the Birthing rooms will deliver babies from 22 weeks gestation.



***Director of Midwifery Thelma Thompson, and Keith Allenby, Clinical Director of Women's Health inside one of the Assessment Rooms.***

All of the birthing rooms are spacious and sunny and have an ensuite. Four delivery rooms have a deep bath used for pain relief.

The Maternity Ward on Level 4 consists of double or single rooms, with improved facilities for families. For example there is a designated room for parent education, a \*parent craft room and a spacious lounge for families.

\*A parent craft room is a safe and secure place to leave baby while mum goes off the ward for a procedure.

## South Auckland Health Foundation raises \$1.5 million

The South Auckland Health Foundation (SAHF) raised \$1.5 million towards the new Assessment Labour and Birthing Unit with a number of sizeable contributions from both business and the community.

On the morning of the official opening the Foundation and its Board, hosted a morning tea that was attended by Anne Candy, Deputy Mayor of Manukau City, Franklin Mayor Mark Ball, the Chairman of the Lion Foundation, Mike Smith and his wife Dale D'Rose and other key sponsors. "We are overwhelmed with the generosity of sponsors and the support of the wider community," says SAHF Executive Director Pam Tregonning.



***The Lion Foundation proudly supports the Assessment Labour and Birthing Unit.***

"Of particular note is the Lion Foundation who is the principal sponsor of the Assessment Labour and Birthing Unit donating \$1m to this project.

"We would like to thank everyone who supported the Foundation's appeal to raise money for the new Women's Health Facilities. We are extremely grateful for your support."

## Meet the last baby to be born in the old Delivery Suite and the first baby to be born in the new Assessment Labour and Birthing Unit

On Wednesday 10 October 2007, three expectant mums made the short journey to the Assessment Labour and Birthing Unit on Level 2, Galbraith Building.

Bry Yeager was the last to leave the old Delivery Suite, giving birth to a beautiful baby boy named Conner.

Conner is Bry and Kevin Yeagers first baby weighing in at 6lbs 13 ounces and was delivered by midwife Maureen O'Hara



*Keith Allenby, Clinical Director of Women's Health, proud parents Bry and Kevin Yeager and midwife Maureen O'Hara.*

Meanwhile on Level 2 of the new Assessment Labour and Birthing Unit the race was on as to who would have the first baby on the new Unit.

The winner was Katherine (Katy) Hopkinson, who at 7.47 pm on Wednesday 10 October gave birth to a gorgeous 7lb 3 ounce baby girl named Emily.

Katy and husband Ira had their first baby seven years ago in Middlemore's old Delivery Suite. They were impressed with the spacious new Unit and were grateful for their own room and ensuite.

Emily was delivered by independent midwife Diane Burgoyne.

Many thanks to Dr Lewinn's Skincare for giving all the mums gift bags full of goodies and Progressive Enterprises Limited for donating cuddly toys.



*Proud parents Ira and Katy Hopkinson with baby Emily*

Did you know the Delivery Suite at Middlemore Hospital opened in 1961. It's not the oldest of CMDHB's Facilities. Papakura Maternity Unit is more than 60 years old and Pukekohe Maternity Unit is 52 years old.

There has been a massive growth over the past 10 years with the overall delivery numbers for 2006/2007 at 8048 (this includes the 3 Community Units: Botany, Papakura and Pukekohe).

## Assessment Labour and Birthing Unit - Level 2, Galbraith



**Birthing Room**



**Birthing Room with bath**

- 17 Delivery Rooms
- 4 \*Flexi Rooms that can be used for either assessment or delivery
- 2 Ultrasound Rooms.
- 7 Acute Mother and Baby Assessment Rooms.
- All Delivery Rooms have ensuites and 4 Delivery Rooms have a pain relief bath.



**Nurses Station**



**Assessment Room**

\* Flexi rooms are used for the induction of labour and delivery

## Maternity Ward - Level 4, Galbraith



**Patient Bedroom - double room**



**Ward corridor**



**Reception**



**Sub-station**

- 45 Antenatal/Postnatal beds in single or double rooms only.
- Most rooms have their own ensuite.
- Designated \*parent craft and parent education rooms.
- One floor above the Neonatal Unit for easy transfer of babies moving from the Neonatal Unit to the Postnatal area.

\*A parent craft room is a safe and secure place to leave baby while mum goes off the ward for a procedure.

## Blessing of Women's Health Facilities

A large crowd gathered for the blessing of the new Assessment Labour and Birthing Unit on Level 2 Galbraith and Maternity Ward on Level 4.

It was a moving occasion and began with the re-installment of a Maori Carving brought up from the old Delivery Suite.

It now takes up proud residence in the new waiting area on Level 2.

The carving was made by Ted and Len Ngataki on request of their late aunty and uncle Barny and Vera Kirkwood (two former mental health employees).

The plaque that sits underneath reads:

Taha Matau - Ko te Tane

Right side of the carving, introduction of the man.

Taha Maui - Ko te Wahine

Left side of the carving, introducing the woman

I Waenganui tonu ko te pepi kare ano

I whanau mai

Direct centre is the unborn child in the womb.

I nga tahataha ko nga tamariki I hanga-nia

I te Whare Tangata

On either side of the centre piece are children who were born from the beginning of life, introducing the unborn child.



*The carpenters re-install the carving*



*Women's Health staff gather for the blessing of the Assessment Labour and Birthing Unit and Maternity Ward.*

## The Gynaecology Care Unit OPENS 24 October 2007

Only 12 days (24 October 2007) to go until staff and patients move into the new Gynaecology Care Unit (GCU) on Level 5, Galbraith.

The new GCU is purpose built for women requiring Gynaecology care.

It has an Inpatient facility (15 beds) and an Outpatient component at the front of the Unit consisting of clinic rooms, a procedure room, two Obstetric and Gynaecology Ultrasound rooms and a Hyperemesis room.

The Hyperemesis room is designed for the short term care of women with severe vomiting and will enable up to 3 women to be monitored and rehydrated in a designated area. In the past women would have been cared for within the inpatient service.



*The new GCU corridor*

The current unit is 60 years old and was previously a paediatric ward with many rooms facing out over a closed public walkway.

In comparison the new Unit is spacious, bright and light with views to the east and west. Women will also have access to a patient lounge.

## Successful delivery of MRI Magnet

A sight you don't see every day is a 20 tonne crane delivering a 6 tonne MRI magnet worth over \$1.5 million.

The magnet was lifted into the soon to be completed new MRI Suite, located at the back of the women's health and adjacent to CT.

The magnet was lifted through a large hole in the side of the new MRI building.

This was a delicate operation and took approximately 2 hours to complete.



*The MRI magnet is lifted into the new MRI Suite*

The next step is to fit, trim and balance all the components before the magnet goes live next week, with staff training starting after Labour Weekend.

We will bring you more details about the MRI suite in the next issue.



## Contact

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## Towards 20/20 Web Site

In the internet explorer address bar type:  
<http://www.cmdhb.org.nz>

Click onto Towards 20/20.

The Towards 20/20 web site has been designed to inform staff about the modernisation and redevelopment projects occurring across the CMDHB sites.

You'll find background information and regular updates on the various projects, along with updated photographs of construction activities, floor plans, copies of Towards 20/20 NEWS and much more.