

Buckland Road Dental Clinic to open November 2008

The new \$1.53 million Buckland Road Community Dental Clinic will be officially opened on 12 November 2008.

This will signal the end of a 5 month project, which has been proudly supported by SkyCity Community Trust.

The new building is owned by the Counties Manukau District Health Board and will be leased to the Auckland Regional Dental Service, Auckland District Health Board and Auckland University of Technology.

Once fully operational the clinic will play a vital role in reducing inequities in access to dental services in the area and will provide affordable oral health services for low-income New Zealanders.

"We want to encourage the integration of oral health with general health and the wider primary care sector, and this clinic will help raise the community's awareness of oral health and where they need to go for oral health care," says CMDHB CEO, Geraint Martin.

The Dental Clinic will have additional chairs to the previous five chairs, including four new training chairs for the new AUT dual dental therapy/dental hygiene course. There will also be a new reception and waiting area for children and families, x-ray, sterilisation, and adequate space for staff to work efficiently and safely.



Blockwork to the front of the Dental Clinic is complete and the car park is ready to be poured.

Construction Update:

- The roof is on, making the building watertight. The exterior cladding is complete and all exterior windows are installed and sealed.
- Interior wall linings are 90% complete and gib-stopping is underway, with painting expected to commence shortly.
- In-ceiling services are complete and all wiring has been run.
- Exterior painting and preparation for landscaping has also commenced.
- The upcoming, final 4 weeks of the project will see the car park poured, landscaping and exterior painting completed, all interior finishes completed and equipment installed.

Edmund Hillary Block reaches 6 Levels

A Floor Surgery, Ward 5 and the Cardiac Investigation Unit (CIU) will be the first to move into the Edmund Hillary Block in June 2009.

CIU will be located on Level 1, Ward 5 on Level 3 and A Floor Surgery on Level 4.

Once fully operational Levels 3 and 4 will have a total of 60 beds per level spanning across both wings of the new building.

Level 3 will be run as a Medical floor and Level 4 General Surgery.

“At the moment staff tend to keep to their designated wards, says Tracey Mitchell, Service Manager General Surgery. “This new concept means staff could be rostered across both surgical wards, encouraging a more cohesive and supportive environment.

“The new building has also given us the opportunity to look at the layout and function of our current wards and incorporate any improvements into the design of the new building,” says Umesh Daya RCP Project Manager. “For example there is an emphasis on allowing maximum light and sunshine into the bedrooms and improving patient privacy by having a greater number of single rooms (20 per floor) - double the number in the AMC.

There will be internal bathrooms in each room, as opposed to the existing AMC which has bathrooms on the outside of the building. This enables larger windows and therefore more light and a feeling of spaciousness.

Another design feature is the single rooms situated across an angle in the apex of the L-shape, which enables beds to be flexed where necessary.

The Whai Manaaki team is also looking into standardising some of the new ward layouts,



Edmund Hillary Block - October 2008

making life a lot easier for staff to find things, no matter where they are working”.

Construction Update:

- You can now see the Northern Plant Room on Level 6 taking shape.
- Precast panels to the exterior of Levels 1 and 2 are in place. Panels will soon be in place for Level 4.
- Structural steel to the roof on Levels 5 and 6 have commenced.
- The installation of sprinklers, plumbing and drainage, hydraulics, electrical and data cable trays, mechanical ducting and pipe work are underway (Basement to Level 3).
- Framing has started in the basement, Ground and Levels 1-3.
- Window frames are being installed to Levels 1 and 2.

Make-over for Gastro Recovery Room

The Gastro Recovery Room has had a make-over resulting in a leaner service and a better experience for gastro patients.

The upgrade involved the installation of a 2 meter wall situated between the Gastro and Haematology departments. This provides a safe environment for all patients.

“In the past Haematology patients would wonder through the recovery room to use the toilets,” says Nigel Naylor Gastro Charge Nurse. “These patients are immuno-compromised and could potentially pick up infections from gastro and respiratory patients. Infection Control has been greatly improved by having a wall/barrier in place.”



Zelda Matthews, Nigel Naylor and Somie Naidoo in the upgraded Gastro Recovery Room.

Other changes include the installation of new curtains, providing privacy for patients who need to get changed post procedure. Urgent repairs were also carried out on the linoleum floor, followed by a fresh coat of paint on the walls and the upgrade of the emergency alarm system.

A new desk was purposely designed and installed which allows the recovery room nurse to keep a watchful eye on all patients. A specially designed cabinet/beverage bar also allows the recovery nurse to make drinks for patients post procedure. In the past the nurse had to leave the room. This cabinet also houses a small fridge, and other items necessary for the smooth running of the room. It was specifically designed and strategically placed to allow for minimal disruption and maximum utilisation of space.

“Overall the flow of the room and the facilities on offer have improved tremendously,” says Nigel Naylor. “Many thanks to Project Manager, Nathan Linton and his team who were able to carry out the majority of work around the daily running of the Department. Items such as flooring and curtains were completed when the Department was closed.

“A huge thank you to Gastro Coordinator Rosemarie Walker who was involved in the design and coordination of the entire project. Rosemarie spent numerous hours streamlining processes and systems and optimising the limited space we had available.”

New Women's Health Module - Manukau Campus

The women's health module at the Manukau SuperClinic is bursting at the seams due to an increasing demand on their service.

Around 80 women a day attend specialist outpatient appointments which is expected to increase in line with our growing population.

Cervical screening rates are also increasing, due in part to a successful National Cervical Screening campaign launched in September 2007. It has a particular focus on Māori and Pacific women due to their higher rates of cervical cancer and lower rates of cervical screening. Currently 700 smears are carried out per week within Counties Manukau. That's a marked increase from previous years.

The new Women's Health Module on the 1st floor of Building A will be approximately 100 square metres larger than the current facility, and as some of the medical clinics will no longer be sharing the same space it will leave more room for women's health. This will result in an additional *colposcopy room and recovery area with a dedicated office space for senior Nursing staff.

"The recovery room will provide a lot more privacy for women recovering from colposcopy procedures," says Gynaecology Service Coordinator, Adrienne Laing. "A multipurpose space in the hub of the module will also facilitate improved multidisciplinary team work." Buildings A, B and C will open mid 2009.



The floor slab has been poured for Building A.

Construction update Buildings A, B and C:

The floor slab has been poured for Building A and will shortly be poured for Building C - the Atrium extension.

Pre-cast beams for the first floor are being installed for Building B.

You will notice that the block work cladding has been removed and replaced with temporary cladding. This will enable work to proceed for the Atrium extension.

The temporary cladding will maintain weather tightness as construction progresses.

Building A: Ophthalmology - Ground Floor, Women's Health - 1st Floor

Building B: Conference Centre - Ground Floor, Referrals and Appointments - 1st Floor.

Building C: Extension of the Atrium

**Colposcopy: A procedure in which a Gynaecologist uses a lighted magnifying instrument which is called a colposcope to examine the tissues of the vagina and cervix.*

Medical Records has moved - Manukau Campus

Medical Records at Manukau have temporarily shifted into a portacom adjacent to the Ambulance Bay. This will allow construction to progress on Buildings A, B and C at the back of the SuperClinic.

The new portacom has been specifically set up to temporarily house hundreds of medical records which travel back and forth between the Middlemore and the Manukau Sites. These files are delivered twice a day by truck and are transported via locked trolleys.

Medical Records Clerk Anthony Rand is happy with his new home. The staff shuttle and delivery trucks stop just outside the portacom resulting in the quick delivery of medical records and a purpose built ramp makes the transport of trolleys in and out of the portacom a breeze. There is also quick and easy access into the main building.

“Gone are the days of pushing my trolley up a long corridor to reach the SuperClinic,” says Anthony.

“This could be really hard work with a fully laden trolley! My new home is only a short distance away from the modules making the journey a lot quicker and enjoyable.”

Medical Records will stay in the portacom until construction of buildings A and B at the back of the SuperClinic are complete (approximately mid next year).



Anthony Rand pushes the trolley up the portacom's purpose built ramp.

Many thanks to Anthony Rand, Carol Cameron, RCP Project Manager Geoff Furkert and Fletchers Interior who helped coordinate the move.

Did you know that all of the medical records are kept at Middlemore Hospital and approximately a total of 600 records are transported between Middlemore and Manukau twice a day. These are for patients attending clinics or undergoing a procedure.

Once they reach Manukau Anthony includes any new patient referrals and makes up the charts. These are then delivered to the appropriate module under locked trolley. At the end of day these files go back to their original destination i.e. Middlemore.

Tui Ward takes shape

The fine weather has finally arrived and the refurbishment of Tui Ward is progressing well.

As you walk past Tiaho Mai you'll see the framing of the new ensuite along with the extension of the general ward. Foundations have also been laid for the 3 bedded Intensive Care Area.

The general ward expansion includes an extra 3 single bedrooms, 3 ensuite and an LSE (Low Stimulus Environment).

Overall there will be 20 ensuite and one bathroom. This includes 12 new single ensuite as well as the existing 8 in the Tui Ward.

The ICA extension will accommodate the seclusion, observation room, lounge/dining room and a secure courtyard.

The 3 ICA bedrooms are 3 existing rooms that will be renovated to meet the ICA requirements.



Extension of the General Ward Block



The foundations have been laid and framing commenced for the Intensive Care Area (ICA)

What's happening inside Tui Ward?

It's all go inside Tui Ward as the construction team (CANAM) extends the kitchen and nurses station. The extra space has opened up both areas, resulting in an airy and light feel.

The kitchen will be repainted along with new vinyl on the floor and extra cabinetry. It will also be recovery focused which means patients can use the kitchen to prepare meals, resulting in increased independence and confidence.

The Nurses station is looking great. The large, open area will enable teams to work together while sharing the same space.

The completion date for Tui Ward is late February 2009.



The kitchen has been expanded.



The removal of a wall has resulted in a larger Nurses Station.

New carpet for Support Building

The Northern side of the Support Building (Levels 1-4) is being re-carpeted.

Starting from Level 4 and working downwards, Jeff from Hills Flooring is replacing the tired worn-out carpet with attractive, durable and modern carpet tiles.

This involves relocating up to 6 staff at a time into a temporary office space (Level 3 meeting room) and setting up a temporary meeting room in the 'pink palace' (Building 32).

"This process works really well," says Project Manager Nathan Linton.

"Once the staff have vacated their offices Troy and Nick from D & G Construction get to work shifting furniture. The area is then recarpeted and left to dry overnight. By 12 (noon) the next day the rooms are ready to be reoccupied."

The new carpet looks fantastic and is a vast improvement on its predecessor.

One major change is the replacement of roll carpet with carpet tiles.

This enables a progressive installation and allows for easy replacement of damaged areas in the future.

Water based glues have also been used to reduce odours.

"Troy, Nick and Jeff have done an outstanding job and have worked together to minimise disruption to staff working within the Building," says Janice Beban Team Administrator, Occupational Health & Safety.



Nick and Troy hard at work removing furniture.



Staff from Infection Control enjoy their recarpeted office.

"Overall everything has gone very smoothly."

All going well the recarpeting of the entire Northern side of the building should be complete by late October 2008.

Recarpeting of the Southern wing will commence once funding becomes available in 2009.

Many thanks to all of the staff for their cooperation and patience.

Behind the scenes - Middlemore Hospital Mail Room

The Mail Room has to be one of the busiest and most utilised department's within Middlemore Hospital.

In fact Sharon and her team (Jack, Anne and Jeanette) can deliver up to 5000 mail items a week internally with over 11,000 items going to external destinations.

That's a total of 950,000 items a year, that has to be collected, sorted, stamped and delivered!

To say the job requires a degree of fitness is an understatement especially when the team can clock up a distance of 75km per week (that includes 3 mail deliveries and pick-ups) per day.

There are also times when delivery runs need to be revised due to construction or relocation of departments. This can pose an extra challenge, which the team seem to take in their stride.

It is this professional attitude that the Project 20/20 team would like to acknowledge.

Despite all the facility changes happening around the Hospital Sharon, Jack, Anne and Jeanette continue to provide patients and staff with a timely service.

We really appreciate your ongoing patience and cooperation.



Jack, Anne, Jeanette and team leader Sharon

Tips from the Mail Room:

- Address letters/envelopes properly.
- Do not use abbreviated addresses.
- Notify the mailroom when staff leave, transfer or change jobs.
- Clearly identify/mark mail trays IN or OUT.
- Mail trays should not be used for Medical Records or Laboratory Specimens.

The services provided by the Mail Room include:

- Collection and distribution
- Mail sorting.
- Pre-franking envelopes
- Photocopying
- Document Binding
- Laminating Service



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Towards 20/20 Web Site

In the internet explorer address bar type:
<http://www.cmdhb.org.nz>

Click onto Towards 20/20.

The Towards 20/20 web site has been designed to inform staff and patients about the modernisation and redevelopment projects occurring across the CMDHB sites.

You'll find background information and regular updates on the various projects, along with updated photographs of construction activities, floor plans, copies of Towards 20/20 NEWS and much more.

New Acute Care Change Rooms

From early November 2008 EC staff will have a new acute care change room, located in the Kidz First corridor (opposite the staff entrance into EC).

This will also be a temporary change room for ICU, NBC and future HDU Staff until the Clinical Services Block is built in 2012.

The new change rooms include: showers, toilets, basins, lockers and secure swiped access.

It's an improvement on the current EC change rooms, which are small, unisex, have no showers and are cramped.

The new change room also provides quick access into Emergency Care.



Female Change Room



Female Showers



Male Change Room